To make a ‘What’s inside’ heart

You will need:

A piece of paper; scissors; pencil; Sellotape; colouring things

1. Fold the paper in half, and then half again.
2. Draw half a heart shape on the fold line.
3. Cut around the pencil line DO NOT cut down the fold. You should now have 2 identical heart shapes.
4. Cut one of the hearts in half down the fold line – these will become your ‘doors’.
5. Stick the doors to the outer edge of the base heart using Sellotape.
6. Decorate the inside to make it beautiful.

Think of good things about the person you are going to give it to and write them on the inside of the heart.

Remember, keep the outside plain to remind you that it is what is inside that matters to God!