## Thought for the week from NISCU Eden <br> Northern Inter-Schools Christian Union

"Never let loyalty and kindness leave you! Tie them around your neck as a reminder. Write them deep within your heart.

Proverbs 3 v 3

## Kindness

What does kindness look like to you?
Can you draw a way that you have seen people being kind to others since lockdown started?


The colouring sheet this week encourages you to think about the golden rule... (ruler!) How are you going to treat people this week?

Can you write an acrostic for kindness use each letter to create a poem about kindness:

K
I
N
D
N
E
S


S

## Challenge for this week:

What is your favourite way to be kind? See if you can do it secretly this week!



