

Thought for the week from

niscu Eden

Northern Inter-Schools Christian Union

“...clothe yourselves with compassion, kindness, humility, gentleness and patience.”
Colossians 3 v 12b

Patience

This week we have thought about patience, and people who showed patience in the Bible

Can you draw what you think an impatient person might look like in the top box?



Can you draw how a patient person might look different in the bottom box?

The Bible tells lots of stories of people who needed to be patient. Patience doesn't mean we like waiting, it means we wait better, and we wait well. We make the lives of others around us better WHILE we are waiting

This week, why don't you look for opportunities to 'put on' patience? Maybe you could write a story about an animal who learns patience, like Herbert the snail from the song; maybe you could write a poem, or create a dance to help you show what patience means to you

We are all having to wait to do some of the things we like doing, or to see the people we want to see. While you are learning to wait patiently, why not write a letter to one of those people telling them how much you are looking forward to seeing them again, and tell them that you are trying to become patient!