

Thought for the week from

niscu Eden

Northern Inter-Schools Christian Union

"I press on toward the goal for the prize of the upward call of God in Christ Jesus."

Philippians 3 v 14

Resilience

This week we're thinking about 'bouncing back' and managing to keep going.

How about this week you try drawing someone crossing the finish line in a race, or maybe even someone getting up having fallen over in a football/rugby/hockey match or a race?

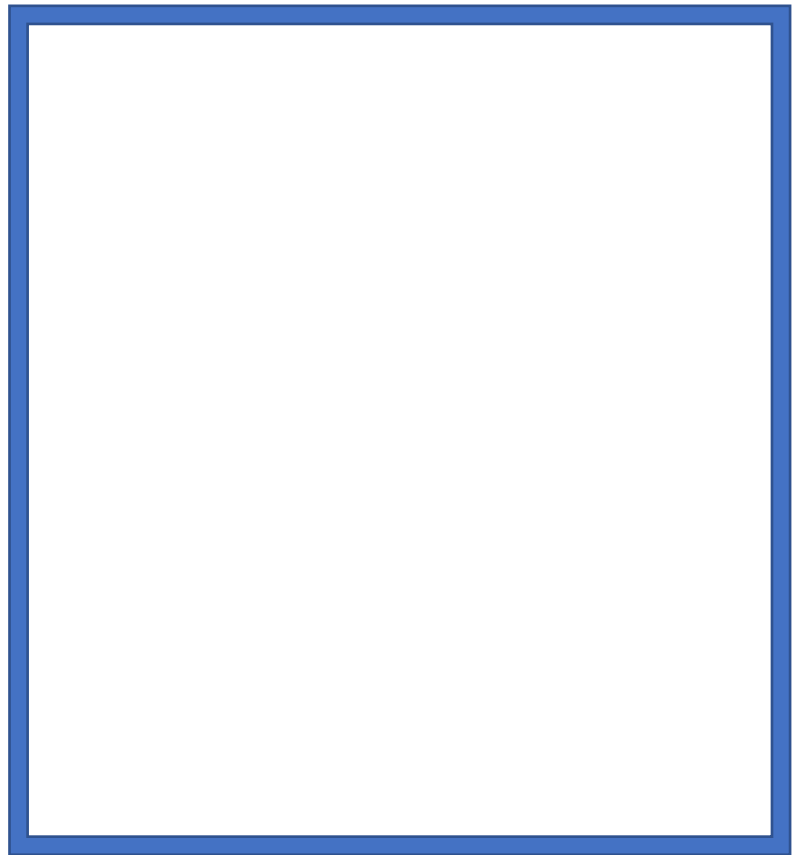


Can you write a story about a time when you showed resilience... maybe it was something that you bounced back from at school, maybe at home, maybe since lockdown started? See if you can surprise your teachers with some up-levelled writing!

Challenge for this week:

Find a bouncy ball and see how many continuous bounces it can do? Do different surfaces make a difference? Sometimes we're like that – we are more resilient in some circumstances.

You could ask God to help you to be resilient in different circumstances.



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PHILIPPIANS 3:14