

Soaring

When we think about soaring we think about eagles...

Eagles (and other large birds like hawks and condors) can soar through the skies for several hours without flapping their wings; but how?



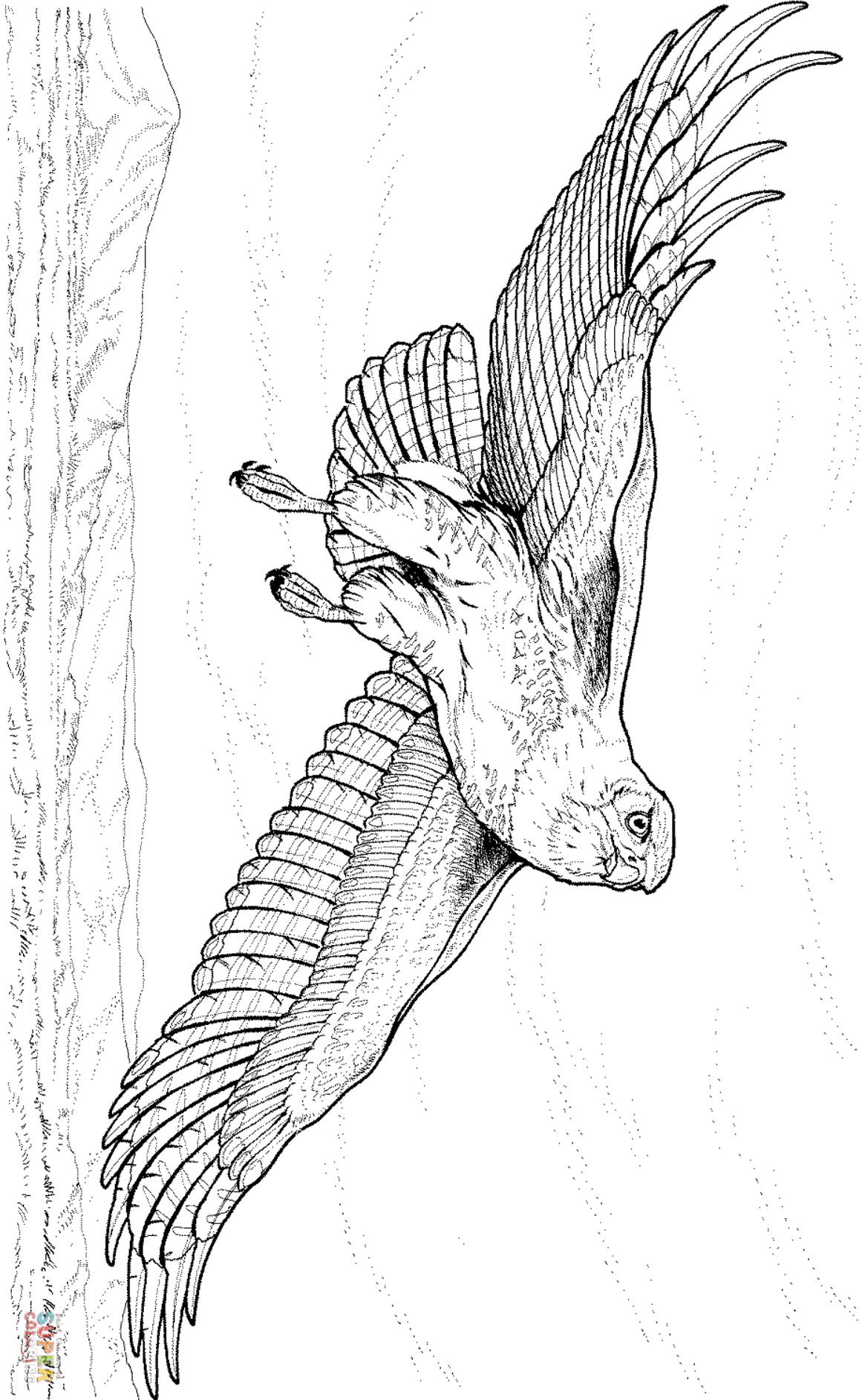
You could look up this video to see a condor learning to fly:
<https://youtu.be/L18dbrCz03c>

They can soar for so long, and so high, because they are supported and lifted from the thermals (warm winds) and the wind currents.

So what does that mean for you? How can you soar?

You can soar because of the support you get from other people pushing you up, and encouraging you. You need to trust that those supporting you will continue to hold you, just like the eagles stretch their wings as far as they can to get as much support underneath them as they can.

Perhaps you could colour in the picture of a soaring hawk below, and under the wings write the names of all those people you know are supporting and encouraging you to reach the highest heights you can.



The Bible has a verse about soaring like eagles too. It recognises that without support and hope we get tired, but with hope (in God) we can find the encouragement and support to soar.

